

2020 MID-WINTER & SPRING ADVANCED SWIMMING COURSES:

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| **NEW**Red Cross Psychological First Aid Learn how to prepare yourself and help others during a crisis. <i>**Online portion is completed before attending classroom</i> | \$120.00 | Sat. February 22 8am - 5pm Wed. April 22 9am - 6pm Sat May 9 9am - 6pm |
| Red Cross Standard First Aid & CPR AED <i>**Blended Learning format - must complete online component before attending classroom portion!</i> | \$180.00 | Sun. January 26 9am - 6pm Sat. February 29 9am - 6pm Wed. March 25 8am - 5pm Sat. April 25 9am - 6pm Sat. June 13 9am - 6pm |
| Red Cross Standard First Aid & CPR AED <i>** Full classroom session - no online work required</i> | \$180.00 | Thur. March 5, 12 & 19 8am - 5pm Sat. & Sun. May 2 & 3 9am - 6pm |
| Red Cross Standard First Aid & CPR AED Recert <i>**Must have current SFA or full course must be taken (CPR AED Recert only - \$50)</i> | \$80.00 | Sat. February 8 9am - 6pm Sat. March 21 9am - 6pm Tue. April 25 8am - 5pm |
| Red Cross First Aid Instructor (pre-requisites: Red Cross SFA & CPR-C) | | |
| Fundamentals of Instruction | \$250.00 | January 11 & 12 9am - 6pm |
| Discipline-Specific: Standard First Aid Instructor | \$250.00 | January 18 & 19 9am - 6pm |
| Red Cross First Aid Instructor Recert | \$150.00 | Sat. January 25 9am - 6pm |
| Red Cross Water Safety Instructor (WSI) <i>(pre-requisites: 15 years, Emergency/Standard First Aid, Red Cross Assistant Lifeguard or Bronze Cross)</i> | \$275.00 | <i>Hours for these courses vary - check in with the front desk for details!</i> |
| <ol style="list-style-type: none"> 1. Attend & pass Strokes & Emergency Reponse Skills Evaluation 2. Complete online course 3. Complete min 8 hr Teaching Experience 4. Attend & pass Pool/Classroom session 5. You will be a certified WSI! | | March 31 OR April 30 assigned dates/times April 13-17 OR May 4-June 3 April 13-17 OR June 5-7 |
| Red Cross Water Safety Instructor Recert | \$75.00 | Tue. June 23 5pm - 10pm Sat. June 27 9am - 2pm |
| Lifesaving Instructor (LSI) <i>(pre-requisites: 16 years, Bronze Cross or National Lifeguard)</i> | \$300.00 | March 27 - 29 & April 1 - 3 Fri 5-9pm, Sat/Sun 9am - 7pm |
| Lifesaving Society National Lifeguard Award <i>(pre-requisites: 16 years, Bronze Cross, current SFA & CPR-C)</i> | \$250.00 | February 17 - 21 10am - 7pm May 22-24 & May 29-31 F 5-9pm, S/S 9am-7pm |
| Lifesaving Society National Lifeguard Recert | \$75.00 | Sat. February 15 11am - 4pm Sat. May 16 11am - 4pm |

